



TAMARA ALBA ROMERO

Dancer | Performer | Movement Artist

Born and raised in Costa Rica, based in Spain. My aim is to develop art with my movement while exploring new challenges with motivation, maturity, empathy, and an open mind.

Nationality Costa Rican, Spanish

Height 1.69 cm

Date of birth 18/03/2000



Barcelona, Spain



+34 673 268 653



tamara.alba@yahoo.com



tamara_albar

Languages Spanish (native), English (fluent)

Soft skills Empathy, Teamwork, Leadership, Adaptability, Positivity, Enthusiasm, Problem Solving, Honesty

REFERENCES available upon request

UNIVERSITY

BA (HONS) DANCE | September 2019- June 2022 (anticipated)
Institute of the Arts Barcelona, Liverpool John Moores University

- Bachelor of Arts degree in dance
- Contemporary, Commercial, Jazz, Ballet, Tap

DANCE EDUCATION

CONTEMPORARY TRAINING PROGRAMME | January-March 2019
Wosap Dance School, Madrid

- Intensive 3 months contemporary certificate programme

ADDITIONAL TRAINING

Complex Simplicity Workshop by Sita Ostheimer | June 2021
Barcelona, Spain

Level Up Dance Classes by Albert Sala | December 2020-present
Barcelona, Spain

The Ailey School 2 day intensive by Tracy Inman | February 2020
Girona, Spain

Workshops: Julia Ehrstrand, Adrian Manzano, Emily Brown, Derek Piquette, Yanis Marshall, Victor H. Pernía...
Costa Rica/Spain/United States of America

EXPERIENCE

Dancer/Choreographer "En el Edén" music video/ACE ft. Mos
(Sitges, 2022)

Dancer "Tocar" site specific piece/Directed by Susanne Thomas
(Institute of the Arts Barcelona, 2021)

Dancer Festival Internacional de Cinema Fantàstic de Catalunya/Choreography by Sara Colomino
(Sitges, 2021)

Dancer "Uudelleen" production/Choreography by Raúl Tamez, Sara Colomino
(Institute of the Arts Barcelona, 2021)

Performer "Vertical Loop" physical theatre/Directed by Valentina Temussi
(Institute of the Arts Barcelona, 2021)

Performer "Cerquita" music video/Daman
(Sitges, 2021)

Choreographer "El Machista Latino"/Tamara Alba
(Institute of the Arts Barcelona, 2021)

Teacher Contemporary dance workshop
(Datana School Fuerteventura, 2020)

Teacher Jazz and Lyrical Jazz
(Spirit Dance Academy Costa Rica, 2017-2018)

