



LAHJA MERENLAHTI

DANCER / PERFORMER
CHOREOGRAPHER

GET TO KNOW ME

Merging dance and psychology! Humans are my passion and inspiration. I'm not afraid of challenges, like mixing science and creativity.

CHARACTERISTICS

Height: 160cm/5'2
Eye colour: green
Hair colour: blond/light brown

GET IN TOUCH WITH ME

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ACADEMIC BACKGROUND

Institute of the Arts Barcelona, Liverpool John Moores University

BA (HONS) DANCE, 2018-2021

Choreographer for a piece *Fleeting* (February 2020)

Received an excellent mark and feedback

Multiple performances in dance and physical theatre

University of Turku, Finland

MA PSYCHOLOGY, 2016-

Head Choreographer/Dancer at a musical project,

2018 (nine performances, excellent review in the university paper)

Assistant Choreographer/Dancer at a musical project,

2017 (five performances)

SPECIAL SKILLS

Oboe	Creative writing
Singing	Ice-skating
Music theory	Acting
French	Improvisation

References available upon request.

ADDITIONAL TRAINING

Towards Vivencia Training, 2020-2021

HELD BY JORGE CRECIS AND TEAM

- 12 months
- building continuity and routine in training
- connecting with dancers from all over the world
- finding the essence of performance presence

Akram Khan workshop, October 2020, online

HELD BY SADÉ ALLEYNE DANCE AND YEN-CHING LIN. OFFERED BY TOWARDS VIVENCIA

- two-day workshop
- material from the piece *Vertical road*

Workshop based on Giselle Vienne's piece

Crowd, May 2019, Helsinki

HELD BY DANCERS OF THE CROWD: SYLVAIN DECLOITRE AND RÉMI HOLLANT

- two-day workshop
- between motion and cinematographic writing: discovering Vienne's work through the materials of *Crowd*: stillness, living picture, still motion and disassembled movement

Final Thesis of an Extensive Dance Curriculum in jazz dance, choreography piece 'Ansa', 2013

HELSINGIN TANSSIOPISTO (HELSINKI DANCE INSTITUTE), 2006-2013

- choreographer/dancer
- thesis consisted of over 1300 hours of dance classes, a solo choreography and the report of the process
- received excellent feedback with a mark 5/5. Was praised for originality and visual elements as well as the performer's charisma and dance technique

PERFORMANCE EXPERIENCE

Dancer in "Coja", December 2020, Institute of the Arts Barcelona

CHOREOGRAPHED BY JULIA EHRSTRAND

Dancer in Sitges Zombie Walk, October 2019, Sitges, Barcelona

CHOREOGRAPHED BY ALICIA CANO

Dancer in "Eighteen", February 2019, Institute of the Arts Barcelona, Sitges, Barcelona

CHOREOGRAPHED BY AINO LOPÉZ, LAURA FREUDENBERG, MERCEDEZ PREVATT